



Constipation due to Liver Disorder in Iranian Traditional Medicine`s Viewpoint

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Introduction:

Constipation is one of the most common pediatric disorders. In many cases, there is no anatomic endocrine or metabolic cause in explanation of chronic constipation. More than 85% of them called functional or idiopathic. Constipation is one of the serious disease in Iranian Traditional Medicine. Besides the problem it causes, chronic constipation can be the origin of many disease. That is why, it has been called Mother of disease. The purpose of this study is to investigate the Constipation in children and the role of other organs such as the liver by view of Iranian Traditional Medicine

Materials and Method:

This study is a review through Iranian traditional medicine references. At first, all the main available traditional books were reviewed. All the data about therapies of vaginal discharge in ITM were collected then classified.

Results:

In traditional medicine different reasons have been mentioned for constipation especially for children which most of them are similar to etiology in Modern Medicine. Constipation due to liver disorder is one of the causes of constipation. In Iranian Traditional medicine`s viewpoint, one of the mechanism for excretion is existence of secreted bile in intestine. If by any reason, measure or quality of its which secreted in intestine through bile changes or if intestinal mucous secretion becomes barrier for absorbing the food, it will caused disorder in excretion and finally will lead to constipation. Well known Iranian Traditional Medicine scientists, has mentioned all reasons for liver disorders and changing quality & quantity of secreted bile. He has mentioned the solutions as well.

Conclusion:

It is hoped that by paying attention to constipation and with advanced clinical research we will be able to explain idiopathic constipation and prepare new ways of treatments for constipation. New researches have approved the effectiveness of these foods and drugs for treating the constipation.

Keywords: Constipation, Children, Liver, Iranian Traditional Medicine.

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