

International Congress of Updates on Pediatric Gastrointestinal and Liver Disease(9-11 Apr 2014, Mashhad-Iran)

## Complementary and Alternative Medicine (CAM) Use in Pediatric Diseases: A Short Review

<sup>\*</sup> Noras MR<sup>1</sup>, Yousefi M<sup>2</sup>, Kiani MA<sup>3</sup>

<sup>1</sup>PhD Student, Students Research Committee, Faculty of Traditional Medicine, Mashhad University of Medical Sciences, Mashhad, Iran.

<sup>2</sup>Assistant Professor, Faculty of Traditional Medicine, Mashhad University of Medical Sciences, Mashhad, Iran. <sup>3</sup>Department of Pediatrics Gastroenterology, Faculty of Medicine, Mashhad University of Medical Sciences, Mashhad, Iran.

## Abstract:

CAM (Complementary and Alternative Medicine) therapies have become increasingly popular in pediatric populations. phytotherapy are the most common CAM used in children. Yet, little is known about children's preferences for CAM. But It is expected to become more widely integrated into the modern medical system, including the medical curriculum. The aim of this study is to introduce the prevalence and characteristics of CAM use in Pediatrics disease. Further research is warranted to examine the safety and effectiveness of this popular non-allopathic approach to children's health.

Keywords: CAM, Complementary and Alternative Medicine, Herbal Medicine, Pediatric Disease.

Poster Presentation, N 36

<sup>\*</sup>Corresponding Author:

Noras MR, PhD Student, Faculty of Traditional Medicine, Mashhad University of Medical Science, Iran. E-mail: norasmr901@mums.ac.ir